



The Fact Is...

Signs of Potential Substance Abuse or Dependence

In the last twelve months, have you...

- ✓ Found it difficult to stop alcohol/drug use?
- ✓ Had anyone express concern about your alcohol/drug use?
- ✓ Neglected your family, or other responsibilities as a result of alcohol/drug use?
- ✓ Broken the law due to alcohol/drug use?
- ✓ Ever missed school, or work, due to alcohol/drug use?
- ✓ Ever had an accident due to alcohol/drug use?
- ✓ Experienced withdrawal symptoms, or felt sick when stopping the use of alcohol/drugs?
- ✓ Had medical problems resulting from alcohol/drug use?
- ✓ Ever used alcohol/drugs as a reaction to stress or crisis?
- ✓ Ever felt regret for your alcohol/drug use?
- ✓ Jeopardized, or lost relationships, jobs, education or career opportunities due to alcohol/drug use?

If the answer is "yes" to any of these questions, there may be a problem. For information on drug and alcohol treatment services in Washington County, call the Washington County Crisis Line at, **503/291-9111**

If you would like additional referral information, educational materials, or an on-site presentation on the Nature of Addiction, contact Washington County's Addiction Services Program at, **503/846-4903**



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OREGON