

Message to Parents

Getting a shot may not be much fun for your child but it's a great way to say, "I love you." The best gift you can give your children—not to mention yourself—is the gift of good health. And one of the simplest ways to do that is through timely vaccinations. Even today, more than 30% of Oregon's children are still not adequately immunized before the age of two and are at risk of serious illness.

Remember, deadly childhood diseases still exist. Childhood vaccines protect young children against measles, mumps, rubella, diphtheria, pertussis (whooping cough), tetanus, polio, HIB, chickenpox (varicella), hepatitis A & B, and rotavirus.

Helpful Hints

- Contact your doctor (or your county health department) to see if your child is up-to-date
- Always keep an up-to-date shot record at home
- Notify your school or childcare facility of your child's updated immunizations