

Voluntary Consent to Services

Washington County Juvenile Shelter – Harkins House

Voluntary Consent is given by youth, _____ and the parent(s) and/or guardian(s) of the youth, _____ (hereinafter “Parent/Legal Guardian”) for the youth to enter into and receive services at Harkins House.

Harkins House offers a program for struggling adolescents who have serious emotional and behavioral issues. The Program services include intensive individual and group counseling, cognitive-behavioral interventions and skills building, educational and recreational activities, and other activities. The Program provides youth with rehabilitative services to develop age-appropriate emotional and behavioral competencies in a structured environment.

I. Harkins House Responsibilities

Harkins House shall endeavor to use its best professional judgment to:

- Coordinate and facilitate counseling services, academic services, skill building and pro-social recreational activities and other activities for the Youth.
- Conduct individual counseling sessions with the Youth.
- Conduct group counseling sessions with the Youth that involve other youths and Harkins House counselors.
- Develop an individual service plan tailored to the needs of the Youth, within 48 hours of the Youth’s admission to the Program.
- Provide appropriate shelter and meals to the Youth on a 24-hour-a-day basis while the Youth is enrolled in the Program.
- Complete and maintain all records for the Youth, including incident reports, progress notes, and assessments of the Youth and discharge summaries for the Youth.
- Arrange with the parent or guardian for any necessary or appropriate medical and dental treatment for the Youth, including transportation to and from all medical and dental appointments.
- Provide the Parent/Legal Guardian and the Youth an opportunity to discuss the Harkins House Program and the Youth’s progress in the Program with Harkins House staff.
- Report conduct, such as child abuse or neglect, which is required or permitted to be reported under Oregon law.
- Document and notify the Parent/Legal Guardian of the effective date of the Youth’s discharge from the Harkins House Program.

II. Parent/Legal Guardian Responsibilities

The Parent/Legal Guardian shall, to the best of his/her ability and in good faith:

- Participate with Harkins House staff in the development of an individual services plan tailored to the needs of the Youth.
- Participate in certain program activities designated by Harkins House, including without limitation, meetings with the Youth's primary counselor, service planning and case review meetings, group meetings, educational presentations and classroom sessions, recreational activities and challenge activities.
- Cooperate with Harkins House staff to refer the Youth for other medically necessary and appropriate mental health or substance abuse services in the event Harkins House determines that it is not an appropriate service resource for the Youth.
- Inform Harkins House staff about the Youth's religious orientation, practices and activities.
- Promptly pay for all out-of-pocket expenses associated with medical or dental care received by the Youth during the youth's participation in the Harkins House Program. Youth are enrolled individually under Oregon Health Plan when in the program and eligible, but private insurance will be billed as first payer.
- Sign authorizations for the release of health care, mental health, or educational information, at Harkins House's reasonable request.
- Sign the Assumption of Risk and Release Liability form allowing the Youth's participation in recreational and volunteer service activities including but not limited to , rock climbing, kayaking, horseback riding, working around animals, camping, hiking, team sports, litter pick-up and whale watching.

III. Youth Responsibilities

The Youth shall:

- Attend and participate in all required program activities, including without limitation weekly meetings with the Youth's primary counselor, service planning and case review meetings, group meetings, educational presentations and classroom sessions, recreational activities and challenge activities.
- Do his/her best to establish and maintain good relationships with Harkins House staff and his/her fellow youth.
- Demonstrate respect toward fellow youth, Harkins House staff, other program personnel and the community.

- Comply with all rules and policies of the Harkins House Program.
- Remain in the Program until the completion date identified below in this Agreement.
- Allow search of person and property including assigned bedroom at the discretion of the Program staff.

IV. Communications to and from the Youth:

The parties agree as follows:

- The Youth may send and receive mail to and from family members, subject to program restrictions established by Harkins House. Harkins House will obtain and pay for U.S. postage for a reasonable volume of personal mail sent by the Youth. The Youth may send and receive mail from others except those not allowed by the court and to or from youth and or adults in correctional settings except immediate family members.
- The Youth may make or receive telephone calls to or from approved family members, subject to program restrictions established by Harkins House. A list of those approved will be maintained in the youth's file.
- The Youth may have visits from family members in accordance with program restrictions established by Harkins House. A list of those approved will be maintained in the youth's file.
- Generally speaking, Harkins House will strive to facilitate communication between the Youth and members of his/her family. Nonetheless, Harkins House reserves the right to withhold or delay communications to or from the Youth when Harkins House staff makes a good faith determination that doing so is necessary or appropriate to promote the objectives of the Youth's treatment.
- The Youth may receive gifts from family members with the prior approval of Harkins House. Harkins House may open and/or hold any gift that Harkins House determines is not appropriate or allowed for the Youth to have in his/her possession at the program. Harkins House will contact the Youth's Parent/Guardian in the event it determines that a gift is not allowed. Harkins House will inventory and store such gifts with the Youth's personal possessions and return the gift to the Youth upon his/her discharge from the Harkins House Program.
- Generally, health care information about the Youth and his/her family (including information that is disclosed or obtained during individual or group counseling) is confidential and may be disclosed to third parties only with an appropriate authorization, unless such disclosure is otherwise required or permitted by law.

V. Grievance

Juvenile Department services are provided without discrimination, and all youth have equal access (ACA 7149). Youth and their families have access to Division Managers and the Director to express grievances.

VI. Youth’s Voluntary Termination of the Program Services

At any time a youth may submit his/her intention to terminate participation in the Program’s services against the advice of the Harkins House Services Team.

The youth must submit the appropriate “Intent to Terminate Participation in Services” form and have the form signed by the Harkins House Treatment Services Manager. The youth must agree not to physically leave the program until seventy-two (72) hours after the Treatment Services Manager has validated this form to allow Treatment Services Manager to arrange safe removal of the youth. The youth will not be allowed to exit the program until those arrangements are made.

Effective Date: _____

Youth

Date of Signature

Parent/Legal Guardian

Date of Signature

Parent/Legal Guardian

Date of Signature

Harkins House Program

Intake Staff

Date of Signature