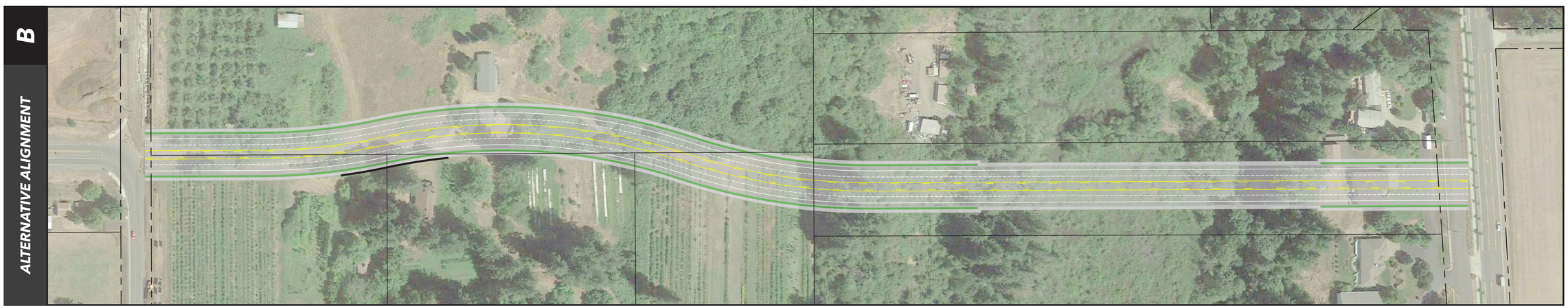ALTERNATIVES