

# Public Health Advisory Council (PHAC)

## Meeting Minutes

October 10, 2023



Prevent. Promote. Protect.



**ATTENDING:** Rachel Arnold, Lucia Benavides, Robin Bousquet, David Eppelsheimer, Commissioner Nafisa Fai, Ansley Fancher, Hemi Pariyani, Larysa Thomas, Sonja Ackman,

**ABSENT:** Madhavi Bharadwaj, Eileen Derr, Andrea Lara, Afam Okoye, Annie Paulsen, Julie Scotland, Michelle Williams

**COMMUNITY MEMBERS:** AnnaKae Roberts

**STAFF PRESENTERS:** Gwyn Ashcom

**STAFF ATTENDING:** Dr. Folu Adeniyi, Bethany Perkins, Alex Coleman

### WELCOME

Larysa Thomas opened the meeting with a welcome and introductions to those attending and Alex Coleman followed with a review of the agenda.

### APPROVAL OF MEETING MINUTES

The Council reviewed September meeting minutes, after which no comments or questions were raised. David made a motion to approve the September minutes with no changes, and Ansley seconded the motion. Larysa abstained from voting; none were opposed. The motion was passed.

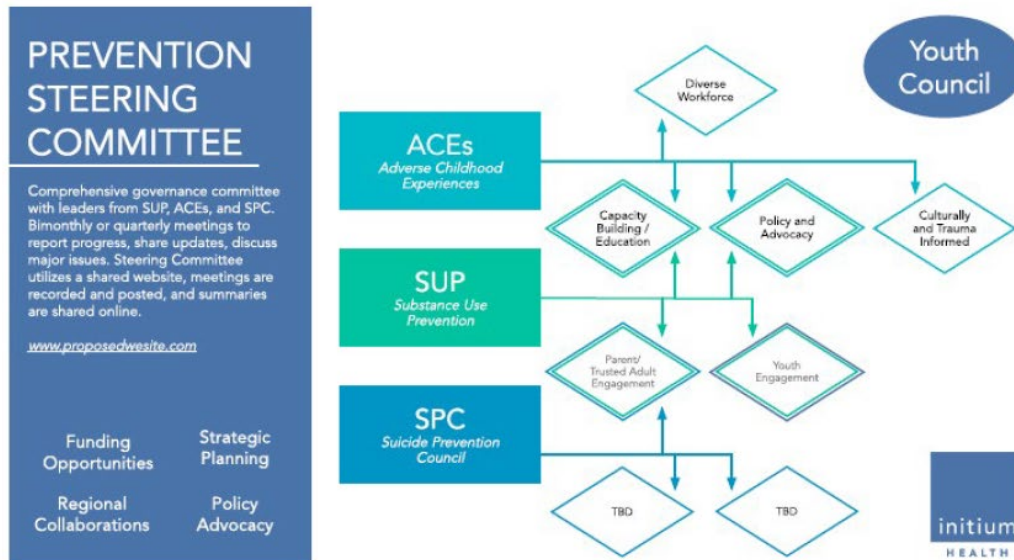
### PRESENTATIONS

#### UPDATES ON SUBSTANCE PREVENTION ACROSS HHS, presented by Gwyn Ashcom, Prevention Team Supervisor

PHAC members received an update on substance prevention work across Health and Human Services, including strategic visioning, collaborative activities, and youth engagement planning. (Please refer to slide presentation entitled, "PHAC – HHS Prevention 10-10-23" for detailed information.)

- HHS is hosting prevention retreats with community partners and taking a collaborative approach to prevention. The goal is to understand the underlying factors that influence substance use as well as protective factors.
- Areas of interest chosen by youth: youth are expressing interest in mental health.
- The group discussed expanding social-emotional learning in k-12 to help further prevention and including cannabis in prevention efforts.

## Prevention Collaborative Structure



### UPDATES AND REMINDERS:

- We may be asking for volunteers to help review new member applications.
- Office of Equity, Inclusion and Community Engagement will be hosting their first Boards and Commissions Open House next Thursday, October 16 at 6 pm. This is an opportunity to learn about all the County's Boards and Commissions. They will be offering interpretation at this event.
- Registration is now open for the 20th annual Washington County Family Caregiver Conference. The free event will take place on Friday, October 27, 8:30 a.m.-3 p.m., at the Washington Street Conference Center, located on the ground floor of the parking structure at 102 SW Washington Street in Hillsboro. This conference is specifically for unpaid family and friend caregivers who are caring for an older adult or anyone with dementia. It is not intended for professional or paid caregivers. This is a great resource for those who may be caring for an older adult. More information, including how to register can be found at [https://bit.ly/2023\\_conference](https://bit.ly/2023_conference).
- Rede will be hosting two focus groups next week. On Wednesday, October 18 at 11 am they will be hosting a virtual focus group centered on our Community Health Improvement Plan (CHIP). This is a great opportunity to provide input to help us shape our next CHIP. Thursday, October 19 at 1 pm they will be hosting another virtual focus group centered on Emergency Preparedness. The information gathered from this session will help inform updates to our all-hazards plan.

### MEMBER UPDATES / COMMENTS:

PHAC members made no comments outside the agenda items.

### PUBLIC COMMENT:

Community members made no comments on topics outside the agenda items.

### **CLOSING**

**The next PHAC meeting will be on Tuesday, November 14th, 2023.** Larysa closed out the meeting – thank you!

As always, we welcome input from PHAC members via our [Feedback Survey](#).