

# The Nature of Addiction

Andy Cartmill



2005© "Faces of Meth"



3 Months Later

# DRUG-FREE AMERICA



AGE 0-4  
AMOXICILIN

4-12  
RITALIN

12-18  
APPETITE  
SUPPRESSANTS

18-24  
NO-DOZ

24-38  
PROZAC

38-65  
ZANTAC  
VIAGRA

65 —  
EVERYTHING  
ELSE

# ADDICTION

**The uncontrollable need, whether it be physical or psychological, for a substance or activity.**

## **PROGRESSIVE?**

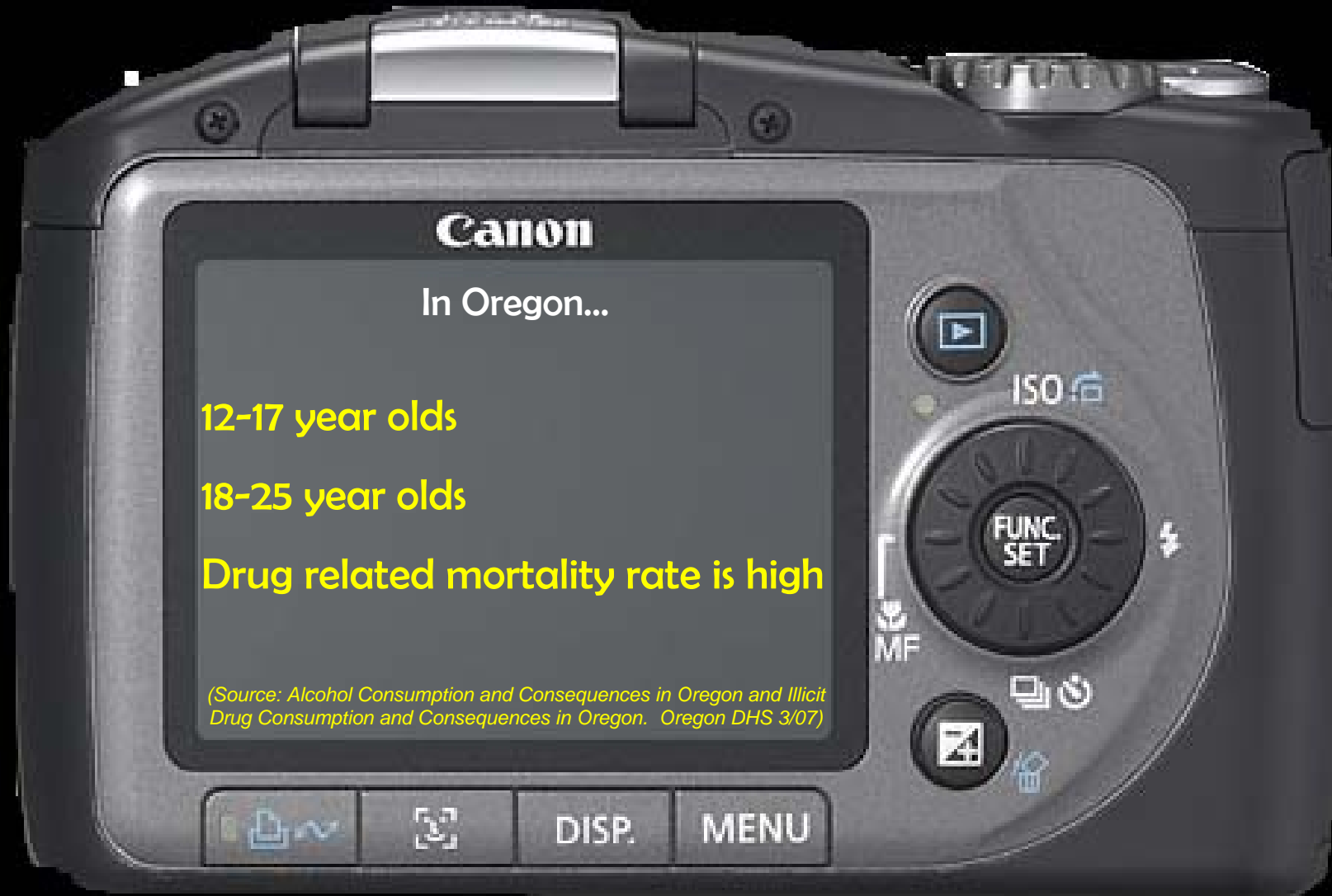
**First-time use of the substance or activity**

**Continued use, to escape or avoid problems**

**Denial of having a problem**

**Loss of control**

# A Snapshot of What's Going On...



Canon

In Oregon...

12-17 year olds

18-25 year olds

Drug related mortality rate is high

*(Source: Alcohol Consumption and Consequences in Oregon and Illicit Drug Consumption and Consequences in Oregon. Oregon DHS 3/07)*

ISO

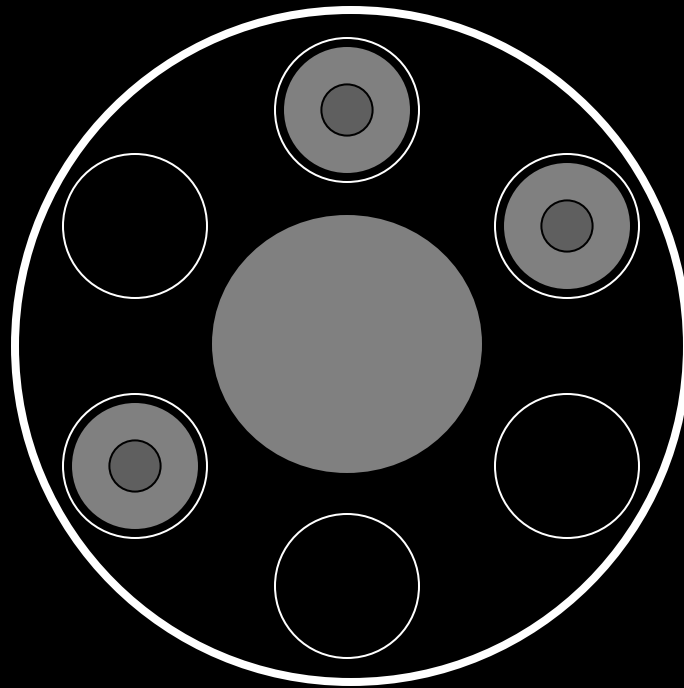
FUNC SET

MF

DISP.

MENU

# Risk Factor Roulette

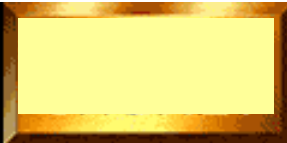




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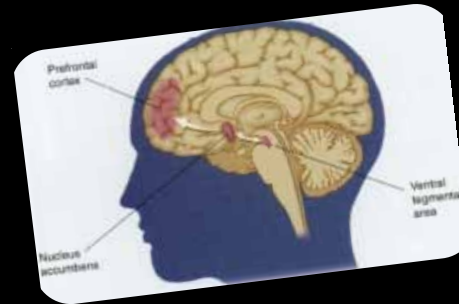
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## The Addiction...

### Similarities

- × Loss of control
- × Denial
- × Depression & mood swings
- × Progressive
- × Chasing
- × First win (high) remembered
- × Blackouts/brownouts
- × Use as an escape
- × Preoccupation
- × Low self esteem & high ego
- × Use of rituals
- × Similar highs

### Differences

- × Hidden addiction
- × Can't overdose-no saturation point
- × Huge financial problems
- × Can function at work
- × Can't be tested
- × Doesn't require ingestion
- × Fewer resources available
- × Perceptions

## The Elevator of Addiction



## IN THE LAST TWELVE MONTHS, HAVE YOU...

- Found it difficult to stop alcohol/drug use when you want to?
- Ever had blackouts or flashbacks from alcohol/drug use?
- Had anyone express concern about your alcohol/drug use?
- Neglected your family or other responsibilities as a result of alcohol/drug use?

## IN THE LAST TWELVE MONTHS, HAVE YOU...

- Broken the law due to alcohol/drug use?
- Ever missed work or had an accident at work due to alcohol/drug use?
- Experienced withdrawal symptoms or felt sick when stopping alcohol/drug use?
- Had medical problems resulting from alcohol/drug use?



For Referral and Advice concerning **Addiction Services** in Washington County  
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