



# The Fact Is...

## For Parents: Signs of a Possible Gambling Problem in Kids

Do you know a youth that...

- ✓ Is asking for, or borrowing, money from the family?
- ✓ Has gambling “stuff” at home (i.e. betting sheets, lottery tickets)?
- ✓ Has unexplained debts, or windfalls of cash, or new items?
- ✓ Is spending unexplained time away from home, work, or school?
- ✓ Is experiencing behavior changes (distracted, moody, sad, worried, nervous, etc.)?
- ✓ Is spending an unusual amount of time watching sports on TV , or paying more attention to the game results in the sports section of the newspaper?
- ✓ Gets overly upset at the conclusion of a sporting event?
- ✓ Brags about winnings?
- ✓ Shows intense interest in gambling conversations?
- ✓ Is receiving more telephone calls from strangers, and demonstrates higher phone bills?
- ✓ Playing gambling-type games on the internet?
- ✓ Is demonstrating less involvement in outside activities, or withdrawing from family or friends?

If any of these statements apply to a youth you know, he/she may be having some problems associated with gambling.

HELP IS FREE, CONFIDENTIAL, AND IT WORKS

Call 1-877-MYLIMIT (1-877-695-4648)

Or visit: [1877mylimit.org](http://1877mylimit.org)



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